

SCOUTS

	Scouts 1	Scouts 2	Scouts 3	Scouts 4 (activities shared with Explorers)	
Friday	18:30 -20:00	Cycle to Ardnally from Lagan Island			
	20:00-21:00	Pitch Tents and unpack			
	21:00-22:00	Collect Supper & Breakfast -- Prepare Supper			
	22:00-23:00	Camp Fire			
	23:00-24:00	Bed & Leaders Meeting			
Saturday	00:00-07:30	SLEEP			
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up			
	09:00-9:30	Travel to B.A.C.	Travel to B.A.C.	Travel to Shaw's Bridge.	Pioneering Competition
	9:30-10:00	CAVING	Leap of Faith / High Abseil	Safety Briefing - warm up	Tracking Skills
	10:00 - 10:30			Kayaking	Emergency Bracelet
	10:30 - 11:00	Leap of Faith / High Abseil	CAVING	Minibus to Ardnalvalley - Quick Shower	Survival Skills
	11:00 - 12:00			LUNCH	LUNCH
	12:00 -12:30	Travel back to Shaw's Bridge	Travel back to Ardnalvalley	Travel to B.A.C.	Travel to B.A.C.
	12:30-13:00	EAT PACKED LUNCH			
	13:00 - 13:30	Change - Safety Briefing	Tracking Skills	CAVING	Leap of Faith / High Abseil
	13:30 -14:00	Kayaking	Orienteering	Leap of Faith / High Abseil	CAVING
	14:00 - 15:00		Off Road Biking		
	15:00 - 15:30	Minibus to Ardnalvalley - Shower	Archery / Fire lighting skills	Travel back to Ardnalvalley	Travel back to Ardnalvalley
	15:30 -16:00				
	16:00-16:30	COOK & EAT TEA. CLEAR UP			
	16:30 - 17:00	Shower & Changed			
	17:00-18:00	COOK & EAT TEA. CLEAR UP			
	18:00 -19:00	Improvised Streachers + 1st Aid races	Rope Games	Improvised Streachers + 1st Aid races	Rope Games
	19:00 -20:00	Rope Games	Improvised Streachers + 1st Aid races	Rope Games	Improvised Streachers + 1st Aid races
	20:00-21:00	Camp Fire	Camp Fire	Camp Fire	Camp Fire
	21:00-22:00	Football / Timebomb	Rounders / Team Dodgeball	Football / Timebomb	Rounders / Team Dodgeball
	22:00-23:00	Rounders / Team Dodgeball	Football / Timebomb	Rounders / Team Dodgeball	Football / Timebomb
	23:00-24:00	SLEEP			
Sunday	00:00-07:30	SLEEP			
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up			
	09:00-10:00	ORGANISE KIT FOR ACTIVITIES FOLLOWED BY ---SCOUTS OWN---			
	10:00 - 10:30	Pioneering Competition	Survival Skills	Tracking Skills	Travel to Shaw's Bridge. Safety Briefing
	10:30 - 11:00	Tracking Skills	Pioneering Competition	Emergency Bracelet	Kayaking
	11:00 - 11:30			Survival Skills	
	11:30-12:00	Emergency Bracelet	LUNCH	LUNCH	LUNCH
	12:00-12:30	LUNCH	LUNCH	LUNCH	Minibus to Ardnalvalley - Quick Shower
	12:30 - 13:00	Survival Skills	Travel to Shaw's Bridge. Safety Briefing	Pioneering Competition	Shower & Changed
	13:00 - 13:30	Off Road Biking	Kayaking	Orienteering	Archery / Fire lighting skills
	13:30 - 14:00				
	14:00 - 14:30	Orienteering	Minibus to Ardnalvalley - Shower	Archery / Fire lighting skills	Off Road Biking
	14:30 - 15:00				
	15:00 -15:30	Archery / Fire lighting skills	Shower & Changed	Off Road Biking	Orienteering
	15:30 - 16:00				
	16:00-16:30	Archery / Fire lighting skills	Emergency Bracelet	Off Road Biking	Orienteering
	16:30-17:00				
	17:00-18:00	COOK & EAT TEA. CLEAR UP			
	18:00 -19:00	COOK & EAT TEA. CLEAR UP			
	19:00 -20:00	Football / Timebomb	Capture the Flag	Football / Timebomb	Capture the Flag
	20:00-21:00	Capture the Flag	Football / Timebomb	Capture the Flag	Football / Timebomb
	21:00-22:00	International Limbo Conga Musical Hula Circus Party			
	22:00-23:00	Camp Fire	Camp Fire	Camp Fire	Camp Fire
23:00-24:00	Supper	Supper	Supper	Supper	
Monday	00:00-07:30	SLEEP			
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up			
	09:00-10:00	Pack & Strike Camp			
	11:00-12:00	Collection from Ardnalvalley			
	12:00-13:00	Leaders go home to bed			